

# FAMILIA





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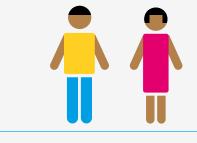
# Our journey towards hitting 2023 annual targets



Total Number of Clients reached 364,508



Clients Visits under the age of 20 **69,148** 



CYPs produced **1,086,350** 



Unintended pregnancies averted 1,422,431



319,552

Source: EHR Data Jan- March 2023



#### National Family Planning Message Guide approved and launched



In collaboration with the Ministry of Health, Marie Stopes Tanzania together with other FP partners convened RCH stakeholders to review the National Family Planning Message Guide. The review of the National FP Message Guide was a result of advocacy efforts aimed at incorporating the most recent FP developments and guidance to frontline providers and FP

stakeholders at all levels to ensure quality service delivery to various targets.

The Ministry of Health finalised, validated and signed off the National FP Message Guide which will ensure that frontline providers at all levels of service delivery have the most up-to-date information and guidance for increasing FP

service uptake. The approved guide was launched in January 2023 by the National Family Planning Coordinator whereby a dissemination plan by different stakeholders was agreed. In this event, Marie Stopes Tanzania was represented by the Head of Clinical Quality, Dr Selemani Mbyallu.



# CAMMAC submits recommendations to the Presidential Commission to improve the Criminal Justice System



ollowing the inauguration Presidential the commission to investigate state organs responsible for dispensing criminal justice in Tanzania with the goal to improve the criminal justice system, MST through the CAMMAC coalition has supported the submission of recommendations to amend the Sections 150, 151,152 and 230 of the Penal Code restricting women from accessing reproductive rights stipulated under the Maputo Protocol.

The written recommendations were submitted to the commission by a group of 10 women lawyers who are members of Women Lawyers for Reproductive Rights who are also members of the Tanganyika Law Society (TLS). As a result, the Commission Secretary General acknowledged the receipt and responded calling for a verbal submission which was to happen in April 2024.

According the study Guttmacher Institute collaboration with Muhimbili University of Health and Allied Sciences (MUHAS), and the National Institute of Medical Research, unsafe abortion practices contribute to about 16-19 percent of all maternal deaths in the country. The Coalition to Address Maternal Mortality due to Unsafe Abortion and its Complications (CAMMAC) provides a platform for SRHR stakeholders to advocate for reproductive rights in Tanzania with an aim of eliminating these avoidable deaths.

The commission works under the chairmanship of the former Chief Mohammed Chande Othman, has until May 30, 2023, to carry out the work and submit its preliminary report to President Samia. Other members of the commission include the former Chief Secretary Ambassador Ombeni Sefue, the president of the Tanganyika Law Society (TLS) Edward Hosea, the former president of the Zanzibar Law Society (ZLS) Yahya Khamisi Hamad, former member of the Police Force Saada Ibrahim the Makungu, chairperson of Tanzania Electric Supply Limited Company (Tanesco) board chairperson Omary Issa, a senior official from the President's Office Baraka Leonard, Attorney General Dr Eliezer Feleshi, the Public Service Management and Good Governance permanent secretary Dr Laurean Ndumbaro. Inspector-General former Police (IGP) Said Mwema and former IGP Ernest Mangu.



Women Lawyers for Reproductive Rights in a group photo with a member of the Presidential Commission after verbal presentation of recommendations



## SRHR Champion MPs in favour of bill to advance reproductive rights



n January 2023 the CAMMAC coalition conducted a technical consultation meeting with 30 MPs to disseminate the Health Systems Cost of Post-Abortion Care study findings and develop an action plan for MPs to present the reproductive rights bill with an aim of repealing the restrictive laws.

The meeting conducted in Dodoma involving 29 MPs was facilitated by experts from the Association of Gynecologists

and Obstetricians of Tanzania about the who presented health consequences of unsafe abortion practices as well as the researcher from the Muhimbili University of Health and Allied Sciences (MUHAS) presented about the findings of the study on the costs of postabortion care highlighting the burden of restricting medical allowing pregnant conditions women and girls victims of rape, incest and sexual assault.

The MPs participants represented various fractions within the National Assembly including the Safe Motherhood Group, Tanzania Parliamentary Association on Population and Development (TPAPD), MPs Champions of Ending Maternal Morbidity and Mortality resulting from Unsafe Abortion as well as Parliamentary Committees including the Social Services Committee and Governance. Constitution and Legal Affairs Committee.

As a follow up to this meeting, MPs were supported to craft supplementary questions on violence against women and children, which were asked during the February parliamentary session. MST has supported the coalition by bringing in a legal consultant who worked to develop the reproductive rights bill to be presented in the parliament later this year.







# CSE Digitization Training to in-services teachers and ward education officers in Morogoro



ST in partnership with Tanzania Institute Education (TIE), UNESCO and TACAIDS conducted the CSE curiculum ToTs training to 1.656 in-service teachers in eight districts of Tanzania Mainland including four districts from Morogoro region Youth4Health where the project is being implemented.

The main goal of this training was to enable teachers to cascade the Comprehensive Sexuality Education (CSE) to adolescents in schools. **Teachers** Backing the Professional Continuous Development model Tanzania. TIE in collaboration with other stakeholders revised the SRH, HIV, GBV and Connect with Respect guides to make them easily accessible to primary and secondary teachers through digital means including mobile phones, laptops and tablets.

This training to 41 participants (In-service teachers and ward education officers) was conducted in March in

2 groups. The first training was conducted in Morogoro Dc (at a Teacher's Resource Centre-TRC) with participants from Morogoro DC and Gairo DC while the second training was conducted in Malinyi DC (Malinyi Teacher's Resource Centre-TRC) with participants from Malinyi DC and Ulanga DC.

Trained teachers trained as ToTs are expected to cascade the training available Tanzania Institute Education's eLearning Management System "LMS" to teachers within their schools and respective wards through their Teachers Continuous Professional Development platforms in their communities of Learning (CoLs) on weekly basis.





# Public health sector strengthening in action: medical equipment support to health facilities

n February, MST through the Youth4Health (Y4H) project funded by the European Uniondistributed medical equipment to 21 public health facilities in four districts of Morogoro region to facilitate provision of Family Planning services with a specific focus on adolescents and youth.

During the equipment handover event to the Morogoro Regional Health Management Team, the Regional Medical Officer thanked MST and the European Union for providing equipment support to the facilities in need.

"The FP equipment supplied are essential and highly required to help address the unmet need for family planning amongst, not only young people but also to adults. I will follow up to make sure the equipments have reached the respective facilities on time so as to avoid further delay in service provision" said the RMO.

Youth4Health (Y4H) is an European Union funded three-year initiative that will work to expand access to life changing adolescent sexual and reproductive healthcare and rights (with a focus on reaching the poorest and most marginalised adolescent girls, including those with disabilities, in rural and hard to reach areas of Tanzania and five





other countries. By unlocking demand and access and contributing towards changes in favour of supportive policies and funding environments, Youth for Health will increase and sustain access to ASRHR for girls and young women.



## Weekend Clinic Model increases ASRH services and information access



uring quarter one of 2023, MST observed increasing numbers of adolescents accessing SRH services and information in Ulanga and Malinyi districts in Morogoro region due to Saturday weekend clinic events. Compared to previous quarters, the service providers in PSS supported facilities recorded 25 percent adolescent clients, an increase of 6 percent from the fourth quarter of 2022.

In increasing both reach and access of SRH information and services to adolescents in and out of school, the facility-based model was designed to be overseen by the service providers within PSS supported facilities with the support of CHWs working to mobilise adolescents to attend.

The weekend clinic model uses edutainment approach involving youth games while integrating SRH education and services as well as GBV, STIs screening and HIV testing.





#### MST IWD 2023 Comemoration



n March 8th, MST commemorated the International Women's Day with a focus on the call to uplifting the visibility and prioritization of SRHR sector in Tanzania as an approach towards achieving gender equality.

Led by the Country Director V.S Chandrashekar, MST held a press conference a day before the IWD2023 climax to amplify and celebrate the investment in advancing access to reproductive rights and addressing gender-based violence in Tanzania

through showcasing the 2022 impact of the work done by the organisation to empower women through reproductive choices.

MST also facilitated a twitter spaces session to discuss the topic on "Advancing Equality through Access to Sexual Reproductive





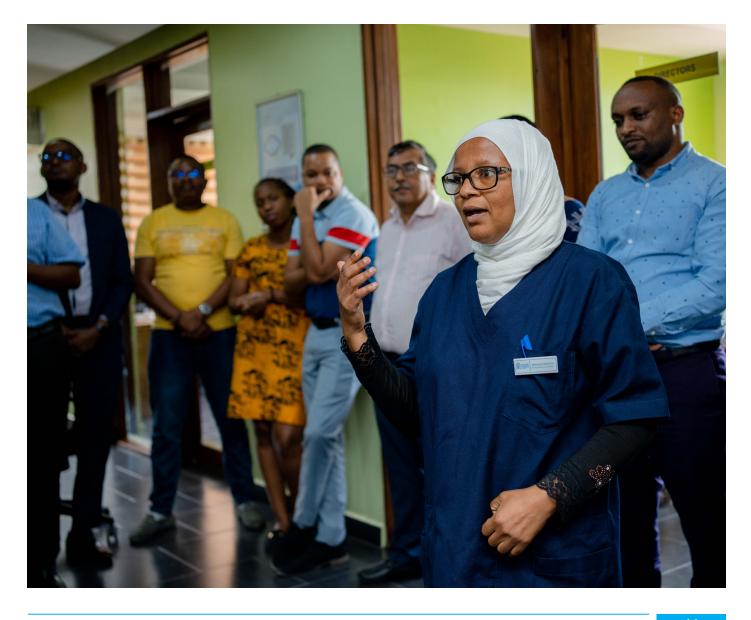
Health Rights". The online dialogue was attended by 589 people and involved panelists from theMinistry of Health, the Tanzanian Association of Gynaecologists and Obstetricians (AGOTA), a lawyer from WGNNR, and a gender advisor from Marie Stopes Tanzania.

Moreover, MST marked this day by running an online campaign in digital media to raise awareness about sexual reproductive health

and rights. Through this campaign social media gained 7161 new followers on Instagram, Twitter, Facebook, LinkedIn. clubhouse which is equivalent to 5.3 % increase. Furthermore, digital media influencers posted 103 messages on SRHR and gender equality reaching about 4.9 million people.

Marie Stopes Tanzania staff team commemorated the IWD2023 by listening to live stories of service providers in the field about the impact of ensuring women have access to reproductive right and how this has helped them to have voice and power in their lives.

Speaking during the IWD staff event, MST Country Director V.S Chandrashekar applauded the team for the work they do to ensuring women can freely access services and right information and that the organization values everyday as a women's day because of the impact we cause to them.





#### Our social marketing channel making positive steps





n this quarter, with an aim of expanding reproductive choices to women girls, Marie Stopes Tanzania continued to invest on provision of contraceptives and SRH care products and information via social marketing and contact centre. Our sales and activation teams were able to sell 520,000 pieces of lifeguard condoms and around 292,000 misoclear tablets.

Through our call centre, we answered over 2,868 calls and received about 5,192 direct messages through our social media channels which resulted to 770 referrals to MST core centres and maternity hospital. The leading topic of interaction were SRH & STI screening followed by Family Planning and maternity services.

To drive reach and engagement, MST with the BongoFlavour artiste, G-Nako who is also the digital media influencer, this engagement has enabled our social media to attract an engagement of 25,127 people and has led to 396 new followers. Overall, in this quarter, the

worked whereby



lifeguard page reached around 54,231.

The Social Marketing approach capitalizes on MST's social enterprise approach to expand access and ensure client care quality which in turn creates sustainable programmes using commercial sales





### Photo Gallery











MST IWD 2023 Comemoration



#### **Photo Gallery**





MPs participating in the CAMMAC consultative meeting on Maputo protocol



#### **Photo Gallery**



Stakeholders during the Annual planning meeting with Ministry of Health's Health promotion section



Dr. Mashingo during Youth of United Nations symposium held at University of Dar es salaam







P.O. Box 7072. Dar es Salaam, Tanzania

Plot 421&422 Mwenge, Kijitonyama